



# URBAN PLUNGE

SEPTEMBER 9-11

## **URBAN PLUNGE GENERAL INFO:**

**Dates:** Friday, September 9th - Sunday, September 11th

**Cost:** \$125 (includes transportation, lodging & food)

**Application & Deposit Due:** August 14th, \$50 non-refundable deposit

## **DETAILED TRIP INFORMATION AND EXPECTATIONS**

- Turn in application & non-refundable \$50 deposit to CLF (check payable to Christian Life Fellowship) by Sunday, August 14th
- Attend (on time) all pre-trip team meetings (dates & times below)
- Be in prayer for the trip and the team
- Pre-Trip Meeting: Team members will be expected to attend team training meetings. Specific preparation for team members will be outlined further at these meetings.
  - \*Sun August 21st from 5:00pm - 6:30pm
- Dress: Comfortable clothes, if you wear shorts they need to go to the knee (men & women), t-shirts (no tank tops or spaghetti straps tops), no saggy pants, comfortable walking shoes, and 1 pair of nice clothes for church.
- Spending money: They only spending money you'll need is for dinner on the way down and lunch on the way back (fast food).
- Packing List: Sleeping bag or bedding for twin bed, Pillow, Bible, Notebook and pen/pencil, Snacks (optional), Bottle for water, Bathroom items/deodorant/shampoo etc., Towel(s), 2 outfits for service projects (possibly outdoors), Toothpaste/toothbrush, Socks and comfortable shoes, Undergarments, Light jacket, Camera, Sun block, Medication, if necessary
- Luggage: Team members are allowed one small piece of luggage and a sleeping bag.
- Departure from CLF: Team members will be expected to meet promptly at the church on Friday, September 9th at 1:45pm.

**\*\*PLEASE FILL OUT AND TURN IN THE APPLICATION BELOW BY AUGUST 14TH\*\***